Family Support Group Facilitation

Come to this training and learn what a successful support group needs, the skills of a good facilitator, how to maintain privacy and confidentiality and more!

An Introduction to Coaching Peer Support Specialists

This training is for Family Peer Support Specialists who have completed at least two years of direct peer support work and want to deepen their practice. Participants will discuss concepts such as mutuality in relationship, ethics, boundaries and parallel process in addition to practical application of specific tools designed to help guide the coaching process.

Individualized Education Program (IEP) Basics

Attend this training and gain a basic understanding of parental rights and responsibilities, an overview of the IEP document and process, and a discussion on effective ways to advocate for your child.

504 plan or IEP?

This training compares and contrasts the process (child find, eligibility, etc.) and protections (child & parental rights) found under the Section 504 of the Rehabilitation Act and the Individuals with Disabilities Education Act (IDEA).

Behaviors that Interfere with Learning

Please join us for a review of the protections provided to children under the Individuals with Disability Education Act (IDEA) as it relates to behavior in the school setting.

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Walk With Us: Family Experiences Navigating Systems

This training is designed for providers who are interested in enhancing their understanding of how families may experience child serving systems. We will identify challenges that providers experience while working with families and identify ways to increase family engagement, partnership, voice and choice.

Trauma: The What, Why and How We Can Respond

In this introduction to trauma training we will discuss various types of trauma and its effect on the brain, body, and health. We will explore trauma as it relates to behavior and learn how to identify ways to reduce episodes of re-traumatization (re-triggering).

Wraparound Family Partner Orientation

Wraparound is a planning process to help children and their families realize their hopes and dreams. This training will orient you to the family partner role within the Wraparound process. We will go over the 4 phases of Wrap and how the family partner supports the family and team members through the Wraparound process and activities associated with Wraparound planning.

**Walk Around Family Partner Orientation**

Wraparound is a planning process to help children and their families realize their hopes and dreams. This training will orient you to the family partner role within the Wraparound process. We will go over the 4 phases of Wrap and how the family partner supports the family and team members through the Wraparound process and activities associated with Wraparound planning.

**Changing Systems Together: Families and Providers**

Families: Learn how your parent/caregiver experience and voice in policy making can be an effective way to serve and participate on policy groups such as committees. Providers: Learn what barriers may impact family participation at the policy level and gain concrete strategies on how to engage and build meaningful relationships with families.

**System of Care and Wraparound 101**

Attend this training and gain an understanding of “Systems of Care” and the Wraparound process including the 10 Wraparound principles, and how the principles guide the practice of Wraparound teams and how the family voice is valued in the process.

**Indicates complimentary trainings offered to Wraparound Expansion sites in Oregon.**

Adult Mental Health First Aid

Just as CPR training helps a person with no clinical training assist an individual following a heart attack, Mental Health First Aid training helps a person assist someone experiencing a mental health crisis, such as contemplating suicide. Mental Health First Aiders learn a 5-step strategy to access and respond to a mental health crisis.

Youth Mental Health First Aid

Youth Mental Health First Aid teaches you about the common warning signs and risk factors or mental health, suicidality and substance use that are common among youth (ages 12-25 years) and adults and the resources for helping someone who may be struggling or in crisis.

Peer Delivered Services Foundations

Peer Delivered Services Foundations is the Oregon Health Authority approved training designed to certify family peer support providers in the state of Oregon. The PDS core peer-to-peer curriculum allows family members with lived experience to work in a Medicaid billing environment.

Identifying and Cultivating Natural Supports

This training will define natural, informal and formal supports and discuss best practices for identifying and cultivating natural supports with families in the Wraparound process.

Family Driven Care

This training will explain what Family Driven Care means, the importance to the family peer support movement and what it looks like in practice. We will also discuss the strategies and understanding necessary to effectively influence systems serving children and families.

What is Wraparound to Fidelity?

In this training, participants will engage in a process of assessing their own community and experience with Wraparound to determine when and how fidelity is being met. Trainers will also facilitate discussion related to next steps when you determine that Wraparound fidelity is not being met.

**Journey to Advocacy**

This training will help parents and caregivers to develop their unique experiences into a meaningful personal story that can be shared with peers, providers, legislators, state and local leaders. Participants will learn core elements to developing personal experiences into effective advocacy.

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